

MD7514 Self-Management and Lifestyle Behaviour Change

Self-Management in Diabetes Care

View Online



Abedtash, Hamed, and Richard J Holden, 'Systematic Review of the Effectiveness of Health-Related Behavioral Interventions Using Portable Activity Sensing Devices (PASDs)', *Journal of the American Medical Informatics Association*, 24.5 (2017), 1002–13
<<https://doi.org/10.1093/jamia/ocx006>>

Anderson, R. J., K. E. Freedland, R. E. Clouse, and P. J. Lustman, 'The Prevalence of Comorbid Depression in Adults With Diabetes: A Meta-Analysis', *Diabetes Care*, 24.6 (2001), 1069–78 <<https://doi.org/10.2337/diacare.24.6.1069>>

Anderson, R. M., M. M. Funnell, P. M. Butler, M. S. Arnold, J. T. Fitzgerald, and C. C. Feste, 'Patient Empowerment: Results of a Randomized Controlled Trial', *Diabetes Care*, 18.7 (1995), 943–49 <<https://doi.org/10.2337/diacare.18.7.943>>

Anderson, Robert M., and Martha M. Funnell, 'Patient Empowerment: Reflections on the Challenge of Fostering the Adoption of a New Paradigm', *Patient Education and Counseling*, 57.2 (2005), 153–57 <<https://doi.org/10.1016/j.pec.2004.05.008>>

———, 'The Art and Science of Diabetes Education A Culture Out of Balance', *The Diabetes Educator*, 34.1 (2008), 109–17 <<https://doi.org/10.1177/0145721707312398>>

———, 'Theory Is the Cart, Vision Is the Horse: Reflections on Research in Diabetes Patient Education', *The Diabetes Educator*, 25.6_suppl (1999), 43–51
<<https://doi.org/10.1177/014572179902500622>>

Bailey, Stephen, *Academic Writing: A Handbook for International Students*, 3rd ed (London: Routledge, 2011)
<<http://ezproxy.lib.le.ac.uk/login?url=http://www.myilibrary.com?id=310467>>

Beck, Joni, Deborah A. Greenwood, Lori Blanton, Sandra T. Bollinger, Marcene K. Butcher, Jo Ellen Condon, and others, '2017 National Standards for Diabetes Self-Management Education and Support', *Diabetes Care*, 2017 <<https://doi.org/10.2337/dci17-0025>>

Bodenheimer, Thomas, 'Improving Primary Care for Patients With Chronic Illness', *JAMA*, 288.14 (2002) <<https://doi.org/10.1001/jama.288.14.1775>>

Boon-How Chew, 'Psychological Aspects of Diabetes Care: Effecting Behavioral Change in Patients', *World Journal of Diabetes*, 5.6 (2014) <<https://doi.org/doi:10.4239/wjd.v5.i6.796>>

Brooks, Robert B., and Sam Goldstein, *The Power of Resilience: Achieving Balance*,

Confidence, and Personal Strength in Your Life (New York: McGraw-Hill, 2004)

Brown, Sharon A., 'Studies of Educational Interventions and Outcomes in Diabetic Adults: A Meta-Analysis Revisited', *Patient Education and Counseling*, 16.3 (1990), 189-215
<[https://doi.org/10.1016/0738-3991\(90\)90070-2](https://doi.org/10.1016/0738-3991(90)90070-2)>

Byrne, J. L., M. J. Davies, I. Willaing, R. I. G. Holt, M. E. Carey, H. Daly, and others, 'Deficiencies in Postgraduate Training for Healthcare Professionals Who Provide Diabetes Education and Support: Results from the Diabetes Attitudes, Wishes and Needs (DAWN2) Study', *Diabetic Medicine*, 34.8 (2017), 1074-83 <<https://doi.org/10.1111/dme.13334>>

Carey, M. E., P. K. Mandalia, H. Daly, L. J. Gray, R. Hale, L. Martin Stacey, and others, 'Increasing Capacity to Deliver Diabetes Self-Management Education: Results of the DESMOND Lay Educator Non-Randomized Controlled Equivalence Trial', *Diabetic Medicine*, 31.11 (2014), 1431-38 <<https://doi.org/10.1111/dme.12483>>

Catherine Hudon, 'Measuring Patients' Perceptions of Patient-Centered Care: A Systematic Review of Tools for Family Medicine', *Annals of Family Medicine*, 9.2 (2011)
<<https://doi.org/doi:10.1370/afm.1226>>

Coates, V. E., G. Horgan, M. Davies, and M. T. Davies, 'Exploring Why Young People with Type 1 Diabetes Decline Structured Education with a View to Overcoming Barriers', *Diabetic Medicine*, 34.8 (2017), 1092-99 <<https://doi.org/10.1111/dme.13368>>

'Constructs of Depression and Distress in Diabetes: Time for an Appraisal- ClinicalKey'
<<https://www-clinicalkey-com.ezproxy3.lib.le.ac.uk/#!/content/journal/1-s2.0-S2213858715001357>>

Coulter, Angela, Vikki A Entwistle, Abi Eccles, Sara Ryan, Sasha Shepperd, and Rafael Perera, 'Personalised Care Planning for Adults with Chronic or Long-Term Health Conditions', *Cochrane Database of Systematic Reviews*, 1996
<<https://doi.org/10.1002/14651858.CD010523.pub2>>

Creame, Phyllis, and Mary R. Lea, *Writing At University: A Guide For Students*, 3rd ed (Maidenhead: McGraw-Hill Education, 2008)
<http://le.alma.exlibrisgroup.com/view/action/uresolver.do?operation=resolveService&package_service_id=4728123010002746&institutionId=2746&customerId=2745>

Crow, Scott, David Kendall, Barbara Praus, and Paul Thuras, 'Binge Eating and Other Psychopathology in Patients with Type II Diabetes Mellitus', *International Journal of Eating Disorders*, 30.2 (2001), 222-26 <<https://doi.org/10.1002/eat.1077>>

Deakin, T, 'The Diabetes Pandemic: Is Structured Education the Solution or an Unnecessary Expense?', *Practical Diabetes*, 28.8 (2011), 1-14
<<https://doi.org/10.1002/pdi.1635>>

Deakin, T. A., J. E. Cade, R. Williams, and D. C. Greenwood, 'Structured Patient Education: The Diabetes X-PERT Programme Makes a Difference', *Diabetic Medicine*, 23.9 (2006), 944-54 <<https://doi.org/10.1111/j.1464-5491.2006.01906.x>>

'Depression in Adults with a Chronic Physical Health Problem: Recognition and Management | Guidance and Guidelines | NICE' <<https://www.nice.org.uk/guidance/cg91>>

'DESMOND - Diabetes Education and Self Management for Ongoing and Newly Diagnosed' <<http://www.desmond-project.org.uk>>

'Diabetes Prevalence 2016 (November 2016) - Diabetes UK' <<https://www.diabetes.org.uk/Professionals/Position-statements-reports/Statistics/Diabetes-prevalence-2016/>>

'Diabetes Self-Management Education for Adults with Type 2 Diabetes Mellitus: A Systematic Review of the Effect on Glycemic Control- ClinicalKey' <<https://www-clinicalkey-com.ezproxy3.lib.le.ac.uk/#!/content/journal/1-s2.0-S0738399115301166>>

E Loveman, 'The Clinical Effectiveness of Diabetes Education Models for Type 2 Diabetes: A Systematic Review', 2008 <<https://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0015030/>>

———, 'The Clinical Effectiveness of Diabetes Education Models for Type 2 Diabetes: A Systematic Review', 2008 <<https://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0015030/>>
'Effectiveness of Activity Trackers with and without Incentives to Increase Physical Activity (TRIIPA): A Randomised Controlled Trial- ClinicalKey' <<https://www-clinicalkey-com.ezproxy4.lib.le.ac.uk/#!/content/journal/1-s2.0-S2213858716302844>>

Ferrari, M., M. Dal Cin, and M. Steele, 'Self-Compassion Is Associated with Optimum Self-Care Behaviour, Medical Outcomes and Psychological Well-Being in a Cross-Sectional Sample of Adults with Diabetes', *Diabetic Medicine*, 34.11 (2017), 1546–53 <<https://doi.org/10.1111/dme.13451>>

Fisher, L., J. S. Gonzalez, and W. H. Polonsky, 'The Confusing Tale of Depression and Distress in Patients with Diabetes: A Call for Greater Clarity and Precision', *Diabetic Medicine*, 31.7 (2014), 764–72 <<https://doi.org/10.1111/dme.12428>>

Fisher, L., W. H. Polonsky, D. Hessler, and M. B. Potter, 'A Practical Framework for Encouraging and Supporting Positive Behaviour Change in Diabetes', *Diabetic Medicine*, 2017 <<https://doi.org/10.1111/dme.13414>>

———, 'A Practical Framework for Encouraging and Supporting Positive Behaviour Change in Diabetes', *Diabetic Medicine*, 34.12 (2017), 1658–66 <<https://doi.org/10.1111/dme.13414>>

Funnell, M. M., and R. M. Anderson, 'Empowerment and Self-Management of Diabetes', *Clinical Diabetes*, 22.3 (2004), 123–27 <<https://doi.org/10.2337/diaclin.22.3.123>>

———, 'Empowerment and Self-Management of Diabetes', *Clinical Diabetes*, 22.3 (2004), 123–27 <<https://doi.org/10.2337/diaclin.22.3.123>>

Graffy, Jonathan, Simon Eaton, Jackie Sturt, and Paul Chadwick, 'Personalized Care

Planning for Diabetes: Policy Lessons from Systematic Reviews of Consultation and Self-Management Interventions', Primary Health Care Research & Development, 10.03 (2009) <<https://doi.org/10.1017/S1463423609001157>>

'Group Based Training for Self-Management Strategies in People with Type 2 Diabetes Mellitus - Deakin - 2005 - The Cochrane Library - Wiley Online Library'
<<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD003417.pub2/full>>

Hadfield, Sue, and Gill Hasson, Bounce: How to Bounce Back from Just about Anything (New York: Pearson Prentice Hall Life, 2009)

Harris, S. M., P. Shah, H. Mulnier, A. Healey, S. M. Thomas, S. A. Amiel, and others, 'Factors Influencing Attendance at Structured Education for Type 1 Diabetes in South London', Diabetic Medicine, 34.6 (2017), 828-33 <<https://doi.org/10.1111/dme.13333>>

Hessler, D. M., L. Fisher, W. H. Polonsky, U. Masharani, L. A. Strycker, A. L. Peters, and others, 'Diabetes Distress Is Linked with Worsening Diabetes Management over Time in Adults with Type 1 Diabetes', Diabetic Medicine, 2017
<<https://doi.org/10.1111/dme.13381>>

Holmström, Inger, Jan Larsson, Eva Lindberg, and Urban Rosenqvist, 'Improving the Diabetes-Patient Encounter by Reflective Tutoring for Staff', Patient Education and Counseling, 53.3 (2004), 325-32 <<https://doi.org/10.1016/j.pec.2003.12.013>>

Holt, Richard I. G., Textbook of Diabetes, 4th ed (Chichester: Wiley-Blackwell, 2010)
<<http://ezproxy.lib.le.ac.uk/login?url=http://www.myilibrary.com?id=269077>>

Holt, Richard I. G., Clive Cockram, Allan Flyvbjerg, and Barry J. Goldstein, Textbook of Diabetes, 5th ed (Somerset: John Wiley & Sons, Incorporated, 2016)
<<http://ebookcentral.proquest.com/lib/leicester/detail.action?docID=4769056>>

'How to Prepare for a Diabetes Checkup: Diabetes Forecast®'
<<http://www.diabetesforecast.org/2014/Jan/how-to-prepare-for-a-diabetes.html?referrer=https://www.google.co.uk/>>

'Interaction between Diabetes Specialist Nurses and Patients during Group Sessions about Self-Management in Type 2 Diabetes- ClinicalKey'
<<https://www-clinicalkey-com.ezproxy4.lib.le.ac.uk/#!/content/journal/1-s2.0-S0738399113004515>>

'Investing in Emotional and Psychological Wellbeing for Patients with Long-Term Conditions'
<<http://www.nhsconfed.org/~media/Confederation/Files/Publications/Documents/Investing%20in%20emotional%20and%20psychological%20wellbeing%20for%20patients%20with%20long-term%20conditions%2016%20April%20final%20for%20website.pdf>>

'Investing in Emotional and Psychological Wellbeing for Patients with Long-Term Conditions. - NHS Confederation'
<<http://www.nhsconfed.org/resources/2012/04/investing-in-emotional-and-psychological-wellbeing-for-patients-with-long-term-conditions>>

Jansink, Renate, Jozé Braspenning, Miranda Laurant, Ellen Keizer, Glyn Elwyn, Trudy van der Weijden, and others, 'Minimal Improvement of Nurses' Motivational Interviewing Skills in Routine Diabetes Care One Year after Training: A Cluster Randomized Trial', *BMC Family Practice*, 14.1 (2013) <<https://doi.org/10.1186/1471-2296-14-44>>

Joseph-Williams, Natalie, Glyn Elwyn, and Adrian Edwards, 'Knowledge Is Not Power for Patients: A Systematic Review and Thematic Synthesis of Patient-Reported Barriers and Facilitators to Shared Decision Making', *Patient Education and Counseling*, 94.3 (2014), 291–309 <<https://doi.org/10.1016/j.pec.2013.10.031>>

Kadu, Mudathira K, and Paul Stolee, 'Facilitators and Barriers of Implementing the Chronic Care Model in Primary Care: A Systematic Review', *BMC Family Practice*, 16.1 (2015) <<https://doi.org/10.1186/s12875-014-0219-0>>

Kate Hefferon, Ilona Boniwell, *Positive Psychology: Theory, Research and Applications* (Open University Press, 2011)

Kennedy, Anne, Anne Rogers, Robert Bowen, Victoria Lee, Tom Blakeman, Caroline Gardner, and others, 'Implementing, Embedding and Integrating Self-Management Support Tools for People with Long-Term Conditions in Primary Care Nursing: A Qualitative Study', *International Journal of Nursing Studies*, 51.8 (2014), 1103–13 <<https://doi.org/10.1016/j.ijnurstu.2013.11.008>>

Khunti, K., L. J. Gray, T. Skinner, M. E. Carey, K. Realf, H. Dallosso, and others, 'Effectiveness of a Diabetes Education and Self Management Programme (DESMOND) for People with Newly Diagnosed Type 2 Diabetes Mellitus: Three Year Follow-up of a Cluster Randomised Controlled Trial in Primary Care', *BMJ*, 344.apr26 2 (2012), e2333–e2333 <<https://doi.org/10.1136/bmj.e2333>>

———, 'Effectiveness of a Diabetes Education and Self Management Programme (DESMOND) for People with Newly Diagnosed Type 2 Diabetes Mellitus: Three Year Follow-up of a Cluster Randomised Controlled Trial in Primary Care', *BMJ*, 344.apr26 2 (2012), e2333–e2333 <<https://doi.org/10.1136/bmj.e2333>>

Knight, K. M., T. Dornan, and C. Bundy, 'The Diabetes Educator: Trying Hard, but Must Concentrate More on Behaviour', *Diabetic Medicine*, 23.5 (2006), 485–501 <<https://doi.org/10.1111/j.1464-5491.2005.01802.x>>

van de Laar, F. A., E. H. van de Lisdonk, P. L. B. J. Lucassen, A. Stafleu, J. Mulder, H. J. M. van den Hoogen, and others, 'Eating Behaviour and Adherence to Diet in Patients with Type 2 Diabetes Mellitus', *Diabetic Medicine*, 23.7 (2006), 788–94 <<https://doi.org/10.1111/j.1464-5491.2006.01885.x>>

Lloyd, C., J. Smith, and K. Weinger, 'Stress and Diabetes: A Review of the Links', *Diabetes Spectrum*, 18.2 (2005), 121–27 <<https://doi.org/10.2337/diaspect.18.2.121>>

'Long-Term Conditions and Mental Health | The King's Fund' <<https://www.kingsfund.org.uk/publications/long-term-conditions-and-mental-health>>

Macdonald, Wendy, Anne Rogers, Tom Blakeman, and Peter Bower, 'Practice Nurses and the Facilitation of Self-Management in Primary Care', *Journal of Advanced Nursing*, 62.2

(2008), 191–99 <<https://doi.org/10.1111/j.1365-2648.2007.04585.x>>

Martinez, Lourdes S., J. Sanford Schwartz, Derek Freres, Taressa Frazee, and Robert C. Hornik, 'Patient–Clinician Information Engagement Increases Treatment Decision Satisfaction among Cancer Patients through Feeling of Being Informed', *Patient Education and Counseling*, 77.3 (2009), 384–90 <<https://doi.org/10.1016/j.pec.2009.09.008>>

Mead, Nicola, and Peter Bower, 'Patient-Centredness: A Conceptual Framework and Review of the Empirical Literature', *Social Science & Medicine*, 51.7 (2000), 1087–1110 <[https://doi.org/10.1016/S0277-9536\(00\)00098-8](https://doi.org/10.1016/S0277-9536(00)00098-8)>

Michie, Susan, Michelle Richardson, Marie Johnston, Charles Abraham, Jill Francis, Wendy Hardeman, and others, 'The Behavior Change Technique Taxonomy (v1) of 93 Hierarchically Clustered Techniques: Building an International Consensus for the Reporting of Behavior Change Interventions', *Annals of Behavioral Medicine*, 46.1 (2013), 81–95 <<https://doi.org/10.1007/s12160-013-9486-6>>

'Mind Over Mood' <<http://www.mindovermood.com/>>

Moore, G. F., S. Audrey, M. Barker, L. Bond, C. Bonell, W. Hardeman, and others, 'Process Evaluation of Complex Interventions: Medical Research Council Guidance', *BMJ*, 350.mar19 6 (2015), h1258–h1258 <<https://doi.org/10.1136/bmj.h1258>>

Mudge, S., N. Kayes, and K. McPherson, 'Who Is in Control? Clinicians' View on Their Role in Self-Management Approaches: A Qualitative Metasynthesis', *BMJ Open*, 5.5 (2015), e007413–e007413 <<https://doi.org/10.1136/bmjopen-2014-007413>>

Nash, J, and TC Skinner, 'Eating Disorders in Type 1 Diabetes', *Practical Diabetes International*, 22.4 (2005), 139–45 <<https://doi.org/10.1002/pdi.787>>

Newman, Stanton, S. P. Newman, Liz Steed, and Kathleen Mulligan, *Chronic Physical Illness: Self-Management and Behavioural Interventions* (Maidenhead, Berkshire, Eng: McGraw-Hill/Open University Press, 2009) <<https://share.libbyapp.com/title/558823#library-leicester>>

Newman, Stanton □ Mulligan, Kathleen □ Steedley, Elizabeth, *Self-Management in Chronic Physical Illness* (Open University Press, 2008) <<http://site.ebrary.com/lib/leicester/detail.action?docID=10273880>>

'NHS England » Improving Access with Group Consultations for Diabetes in Slough' <<https://www.england.nhs.uk/gp/case-studies/diabetes-slough/>>

Odgers-Jewell, K., L. E. Ball, J. T. Kelly, E. A. Isenring, D. P. Reidlinger, and R. Thomas, 'Effectiveness of Group-Based Self-Management Education for Individuals with Type 2 Diabetes: A Systematic Review with Meta-Analyses and Meta-Regression', *Diabetic Medicine*, 34.8 (2017), 1027–39 <<https://doi.org/10.1111/dme.13340>>

'Original Article: Psychological Issues and EducationOriginal articleEffects of the Diabetes Manual 1:1 Structured Education in Primary Care' <<http://onlinelibrary.wiley.com.ezproxy4.lib.le.ac.uk/doi/10.1111/j.1464-5491.2008.02451.x/epdf>>

Parkin, T, K Barnard, S Cradock, P Pettman, and Tc Skinner, 'Does Professional-Centred Training Improve Consultation Outcomes?', *Practical Diabetes International*, 23.6 (2006), 253-56 <<https://doi.org/10.1002/pdi.968>>

Peter Craig, 'Developing and Evaluating Complex Interventions: The New Medical Research Council Guidance', *The BMJ*, 337 (2008) <<https://doi.org/doi:10.1136/bmj.a1655>>

Pill, R., 'Can Nurses Learn to Let Go? Issues Arising from an Intervention Designed to Improve Patients' Involvement in Their Own Care', *Pill, R.*, 29.6, 1492-99
<<http://www.ingentaconnect.com.ezproxy3.lib.le.ac.uk/content/bsc/jan/1999/00000029/0000006/art01037>>

Polonsky, W. H., L. Fisher, J. Earles, R. J. Dudl, J. Lees, J. Mullan, and others, 'Assessing Psychosocial Distress in Diabetes: Development of the Diabetes Distress Scale', *Diabetes Care*, 28.3 (2005), 626-31 <<https://doi.org/10.2337/diacare.28.3.626>>

Powers, Margaret A., Joan Bardsley, Marjorie Cypress, Paulina Duker, Martha M. Funnell, Amy Hess Fischl, and others, 'Diabetes Self-Management Education and Support in Type 2 Diabetes: A Joint Position Statement of the American Diabetes Association, the American Association of Diabetes Educators, and the Academy of Nutrition and Dietetics', *Diabetes Care*, 38.7 (2015), 1372-82 <<https://doi.org/10.2337/dc15-0730>>

'Preparation for Care Planning — Diabetes in Berkshire West'
<<http://www.berkshirewestdiabetes.org.uk/professionals/care-planning/preparation-for-care-planning>>

'Review of Developing Resilience: A Cognitive-Behavioural Approach, Michael Neenan | The Coaching and Mentoring Network'
<https://new.coachingnetwork.org.uk/book_review/review-of-developing-resilience-a-cognitive-behavioural-approach-michael-neenan/>

'Search Results: What Is the Evidence on Effectiveness of Empowerment to Improve Health Site:Www.Euro.Who.Int/En/Data-and-Evidence/Evidence-Informed-Policy-Making'
<http://search.who.int/search?as_sitesearch=www.euro.who.int/en/data-and-evidence/evidence-informed-policy-making&q=What+is+the+evidence+on+effectiveness+of+empowerment+to+improve+health&site=euro&client=euro&proxystylesheet=euro&output=xml_no_dtd&ie=UTF-8&ulang=en&ip=143.210.246.84&access=p&sort=date:D:L:d1&entqr=3&entqrm=0&entsp=a&lr=lang_en&wc=200&wc_mc=1&oe=UTF-8&ud=1>

'Self-Management of Diabetes in Hospital (March 2012) - Diabetes UK'
<https://www.diabetes.org.uk/About_us/What-we-say/Specialist-care-for-children-and-adults-and-complications/Self-management-of-diabetes-in-hospital/>

Shrivastava, Saurabh, Prateek Shrivastava, and Jegadeesh Ramasamy, 'Role of Self-Care in Management of Diabetes Mellitus', *Journal of Diabetes & Metabolic Disorders*, 12.1 (2013) <<https://doi.org/10.1186/2251-6581-12-14>>

Silverman, Jonathan, *Skills for Communicating with Patients*, Third edition, new and updated edition (Boca Raton, Florida: CRC Press, 2013)
<<https://ebookcentral.proquest.com/lib/leicester/detail.action?docID=4742673>>

'Skills and Techniques to Support People | Person-Centred Care Resource Centre'
<<http://personcentredcare.health.org.uk/person-centred-care/self-management-support/implementing-self-management-support/practitioner/skills>>

Skinner, T. C., M. E. Carey, S. Cradock, H. M. Dallosso, H. Daly, M. J. Davies, and others, "'Educator Talk" and Patient Change: Some Insights from the DESMOND (Diabetes Education and Self Management for Ongoing and Newly Diagnosed) Randomized Controlled Trial', *Diabetic Medicine*, 25.9 (2008), 1117-20
<<https://doi.org/10.1111/j.1464-5491.2008.02492.x>>

Skinner, T. C., S. Cradock, F. Arundel, and W. Graham, 'Four Theories and a Philosophy: Self-Management Education for Individuals Newly Diagnosed With Type 2 Diabetes', *Diabetes Spectrum*, 16.2 (2003), 75-80 <<https://doi.org/10.2337/diaspect.16.2.75>>

Skinner, T. Chas, Marian E. Carey, Sue Cradock, Heather Daly, Melanie J. Davies, Yvonne Doherty, and others, 'Diabetes Education and Self-Management for Ongoing and Newly Diagnosed (DESMOND): Process Modelling of Pilot Study', *Patient Education and Counseling*, 64.1-3 (2006), 369-77 <<https://doi.org/10.1016/j.pec.2006.04.007>>

'State of the Nation 2016: Time to Take Control of Diabetes - Diabetes UK'
<<https://www.diabetes.org.uk/Professionals/Position-statements-reports/Statistics/State-of-the-Nation-2016-Time-to-take-control-of-diabetes/>>

Steinsbekk, Aslak, LisbethØ Rygg, Monde Lisulo, Marit B Rise, and Atle Fretheim, 'Group Based Diabetes Self-Management Education Compared to Routine Treatment for People with Type 2 Diabetes Mellitus. A Systematic Review with Meta-Analysis', *BMC Health Services Research*, 12.1 (2012) <<https://doi.org/10.1186/1472-6963-12-213>>

Stuckey, Heather L., Michael Vallis, Katharina Kovacs Burns, Christine B. Mullan-Jensen, Jean M. Reading, Sanjay Kalra, and others, "'I Do My Best To Listen to Patients": Qualitative Insights Into DAWN2 (Diabetes Psychosocial Care From the Perspective of Health Care Professionals in the Second Diabetes Attitudes, Wishes and Needs Study)', *Clinical Therapeutics*, 37.9 (2015), 1986-1998.e12
<<https://doi.org/10.1016/j.clinthera.2015.06.010>>

Sturt, J. A., S. Whitlock, C. Fox, H. Hearnshaw, A. J. Farmer, M. Wakelin, and others, 'Effects of the Diabetes Manual 1:1 Structured Education in Primary Care', *Diabetic Medicine*, 25.6 (2008), 722-31 <<https://doi.org/10.1111/j.1464-5491.2008.02451.x>>

'Supported Self-Management (Nov 2009) - Diabetes UK'
<<https://www.diabetes.org.uk/supported-self-management>>

Susan L. Norris, Joseph Lau, S. Jay Smith, Christopher H. Schmid, Michael M. Engelgau, 'Self-Management Education for Adults with Type 2 Diabetes: A Meta-Analysis of the Effect on Glycemic Control. (Epidemiology/Health Services/Psychosocial Research)', *Diabetes Care*
<http://go.galegroup.com.ezproxy3.lib.le.ac.uk/ps/retrieve.do?tabID=T002&resultListType=RESULT_LIST&searchResultsType=SingleTab&searchType=AdvancedSearchForm¤tPosition=5&docId=GALE%7CA89379203&docType=Article&sort=Relevance&contentSegment=&prodId=EAIM&contentSet=GAL E%7CA89379203&searchId=R2&userGroupName=leicester&inPS=true>

SUSAN L. NORRIS, MICHAEL M. ENGELGAU, K. M. VENKAT NARAYAN, 'Effectiveness of Self-Management Training in Type 2 Diabetes', *Diabetes Care*
<http://go.galegroup.com.ezproxy3.lib.le.ac.uk/ps/retrieve.do?tabID=T002&resultListType=RESULT_LIST&searchResultsType=SingleTab&searchType=AdvancedSearchForm¤tPosition=4&docId=GALE%7CA71901277&docType=Article&sort=Relevance&contentSegment=&prodId=EAIM&contentSet=GAL E%7CA71901277&searchId=R1&userGroupName=leicester&inPS=true>

Teljeur, C., P. S. Moran, S. Walshe, S. M. Smith, F. Cianci, L. Murphy, and others, 'Economic Evaluation of Chronic Disease Self-Management for People with Diabetes: A Systematic Review', *Diabetic Medicine*, 34.8 (2017), 1040–49 <<https://doi.org/10.1111/dme.13281>>

'The Diabetes Educator: Trying Hard, but Must Concentrate More on Behaviour'
<<http://onlinelibrary.wiley.com.ezproxy4.lib.le.ac.uk/doi/10.1111/j.1464-5491.2005.01802.x/epdf>>

'Training in Flexible, Intensive Insulin Management to Enable Dietary Freedom in People with Type 1 Diabetes: Dose Adjustment for Normal Eating (DAFNE) Randomised Controlled Trial', *BMJ*, 325.7367 (2002), 746–746 <<https://doi.org/10.1136/bmj.325.7367.746>>

'———', *BMJ*, 325.7367 (2002), 746–746 <<https://doi.org/10.1136/bmj.325.7367.746>>

Trento, M., S. Gamba, L. Gentile, G. Grassi, V. Miselli, G. Morone, and others, 'Rethink Organization to iMprove Education and Outcomes (ROMEO): A Multicenter Randomized Trial of Lifestyle Intervention by Group Care to Manage Type 2 Diabetes', *Diabetes Care*, 33.4 (2010), 745–47 <<https://doi.org/10.2337/dc09-2024>>

———, 'Rethink Organization to iMprove Education and Outcomes (ROMEO): A Multicenter Randomized Trial of Lifestyle Intervention by Group Care to Manage Type 2 Diabetes', *Diabetes Care*, 33.4 (2010), 745–47 <<https://doi.org/10.2337/dc09-2024>>

Trento, M., P. Passera, M. Tomalino, M. Bajardi, F. Pomero, A. Allione, and others, 'Group Visits Improve Metabolic Control in Type 2 Diabetes: A 2-Year Follow-Up', *Diabetes Care*, 24.6 (2001), 995–1000 <<https://doi.org/10.2337/diacare.24.6.995>>

'Type 2 Diabetes in Adults: Management | Guidance and Guidelines | NICE'
<<https://www.nice.org.uk/guidance/ng28>>

Ukoumunne, Obioha C, Bijay Vaidya, Julia Frost, Rob Anderson, Catherine Argyle, Mark Daly, and others, 'A Preconsultation Web-Based Tool to Generate an Agenda for Discussion in Diabetes Outpatient Clinics to Improve Patient Outcomes (DIAT): A Feasibility Study', *BMJ Open*, 7.3 (2017) <<https://doi.org/10.1136/bmjopen-2016-013519>>